

St Theresa's House Annual Report 2008-9

Registered Charity 1004266

St Theresa's
Providing a future through care, support and encouragement.

**13-15 Manor House Street
Peterborough
PE1 2TL**

PATRONS

**Earl of Gainsborough
Rt Rev Peter Smith – Archbishop of Cardiff
Mrs Barbara Starmer MBE
Mrs Elza Sayer**

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BOARD OF DIRECTORS

Susan Watters (Chair)	Jackie Wilson (Vice Chair)	Brian Rainey
Tim Lee	Cheryl McGuire	David Forrest
Stephen Giblin	Ian Wilson (Acting Treasurer)	
Eugene Cassidy	Doreen Murray	Insp. Matt Newman (Co-opted)

DAY CENTRE STAFF

Doug Styles – Day Centre Manager
Denise Lewis – Client Services Manager (From May 09)
Diane Bentley – Manager’s Assistant/Receptionist
Geoff Johnson – Finance Officer
Clare Daniels – Housing & Welfare Officer
Ann Spiers – Therapist (Redundant April 09)
Gillian Cooper – Healthy Lifestyles Co-ordinator
Wayne Watkins – Receptionist (Dec 08 – April 09)

Diane Cadman – Chef
Norman Ndlovu – Cleaner

DAY CENTRE VOLUNTEERS

Dorothy Daly	Eric Daly	Pam Barrett	John Smith
David Wheatley	Peter Rudy	Autumn Taylor	Selena Ashman
Danny Curphey	Judy Dane	Simon Hill	BiBi Kingham
Cliff Moore	Mary Black	Paul Bell	Lynne King
John & Elaine Blackburn	Vladimir Demcak		Lloyd Ganderton
Cheryl Stow	Daniel Neal	Ty Pasha	Rebeckah Taylor
Ann Jones	Frank McIntyre	Linda Dowson	Diane Lenton
George & Cathy Bennett	Alex Praias	James Daniels	Wayne Daly

PARK ROAD CHARITY SHOP

Manager: Dawn West

Volunteers: Margaret Page Wendy Cordner Doreen Henderson
Phil Brown Jackie Ambrose Stephanie Conibear
Diane Lenton Laura West Ron Harris
Mauro Macedo Rodrigues James Stamford John Pooley
Jasmine Hill Simon Hill

CHAIRPERSONS REPORT

Our last financial year, 2008- 2009, brought with it major change for the Board, staff, volunteers and clients alike. In my 2007 – 2008 report I spoke about the need to modify the way we operate as an organisation in order to provide better outcomes for the people we serve and to attract interest from new commissioners of our services.

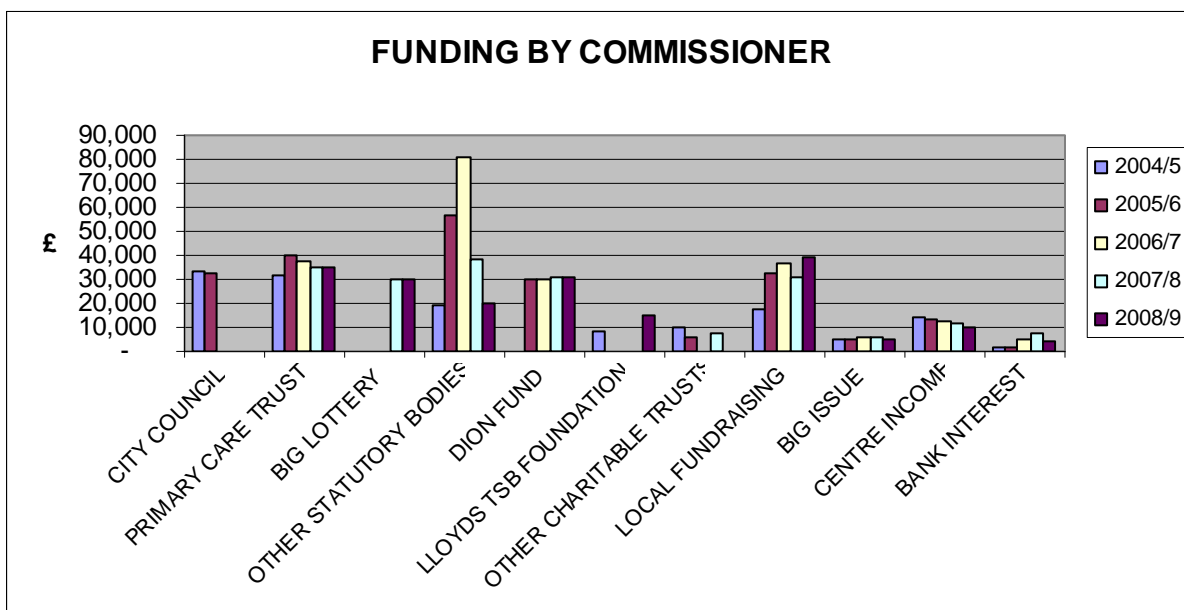
For the Board this has meant reviewing the active membership and defining the roles to attract those with specific skills and responsibility for a key function. The areas of priority were identified as Fund-Raising and Public Relations / Marketing.

By creating these two posts, the Board can better support and strengthen the work of the staff in achieving the necessary income levels required to continue our work into the foreseeable future.

The remaining three groups - staff, volunteer and clients – were effected by restructure of their day which meant reduced opening hours, with some of the time solely devoted to include measurable activities designed to attract new funding. There has been some success in moving this forward, albeit slow. We introduced the post of Client Services Manager to manage and expedite this happening.

One of the obstacles to increased income levels is the recession, which has been a difficult time for all. For the Charitable sector this has manifested itself in diminished funds available through Trusts or Grants and less disposable income for the general public to help us through donations. There is no swift recovery from this and we have now prepared ourselves well to weather the storm.

As I mentioned earlier, funding is a priority area of focus for us. We are committed to identifying significant funding streams that run for more than one year. We will endeavour to re-engage local government and NHS bodies towards partnership working. Our contribution to the well being of the local community grows while the local public sector funding streams diminish. The chart below gives a pictorial representation of our major funders over the last 5 years



Another area of priority going forward is the securing of operational premises. Early in financial year 2011-2012, the lease on our current premises expires. A project team has been set up to identify the best option for the Charity in order to continue our unique work. The time-line for appraising the options is before the end of this financial year and work will then begin to enable a seamless transition.

This report is not one of disillusionment or stagnation but it is one of optimism and determination that we will continue as the leading provider of day-care services to the homeless and disadvantaged adult population of Peterborough.

Susan Watters
Chair
St Theresa's House

Treasurer's Report

Annual Accounts for the year ended 31st March 2009 are included within the Annual Report.

2008/2009

As in previous years the work of St Theresa's Day Centre provides a very useful service to the city.

I am pleased to report that for this year there is again a surplus of £8,544 being an increase from the previous year's surplus of £5,009. Cash at the Bank and in hand total £131,665, which represents about eight months' running costs for the Charity.

Day Centre

Income from Statutory Bodies of £99,837 represents a decrease from last year (£103,529). We did not receive any financial support from the Peterborough City Council nor did we receive any grant monies from Cross Keys Supporting People contract that expired in 2007.

Peterborough Primary Care Trust granted us £34,852 (£35,030 last year). We received ACE funding of £20,342 and a further Big Lottery grant of £29,643. The Nene DIP grant also ceased in 2007 so no funds were received from this source.

We received £30,476 from The DION Fund (Irish Embassy) and £15,000 from Lloyds TSB Foundation for England and Wales.

Income from local fundraising increased to £43,985 (£36,509 last year). Income generated at the Day Centre was down at £9,884 (£11,484 last year) due to the reduction in opening hours.

Expenditure totalled £182,683, against £205,537 last year, with staff costs reduced to £120,540 against £128,954 last year. The reduction in costs was achieved by a reduction in working hours.

Overall the Day Centre generated a surplus of £6,046 as against a deficit reported last year of £8,583.

Park Road Charity Shop

The daily takings of the shop increased slightly to £30,398 (£30,310) and the income from the flat above the shop totalled £3,791 making a total income of £34,189 for the year. This represents a very small decrease of just £25 on the previous financial year.

Total expenditure was £24,519 (£24,068) resulting in a further healthy surplus of £9,670. £10,000 was transferred again to the Day Centre's Accumulated Fund to support their services and activities.

Family Centre

The Family Centre, which reported a deficit of £7,172, closed at the end of May 2008 due to a lack of funding and a decrease in the number of families attending the Centre.

Outlook for 2009/2010

As I have stated in previous years and reiterate again here – St Theresa's can only exist if statutory bodies, Charitable Trusts and other private and public organisations continue to fund our charitable work. This year we again are reporting another small surplus, which is the result of good management and keeping a firm eye on expenditure. The Charity's Contingency Fund now stands at £79,275 with no funds being transferred to the Fund during the year.

Thanks go to our very committed trustees, staff and volunteers.

General

St Theresa's provides a very useful service to the City and people of Peterborough. I trust, therefore, that statutory funding will continue in the future. Most unfortunately, Peterborough City Council yet again did not make a grant available to us again this year, but it is hoped that they will reverse this decision in the future.

We need to continue to encourage church organisations, schools, local companies and the people of Peterborough to make donations to support the work of St Theresa's. It is also important to continue to generate income from our own initiatives.

I would like to thank those Statutory Bodies, Charitable Trusts, organisations and individuals who have continued to fund and support the Charity during the year. Without their generosity St Theresa's would quite simply cease to exist.

Our thanks go again to Mr. Stephen Parr, Fellow of the Society of Practising Accountants, who continues to act as our auditor, and for his assistance with the preparation of our final accounts.

Ian D.G. Wilson
Acting Treasurer

St Theresa's Day Centre

Providing a future through care, support and encouragement.

Volunteers

I wish this year to focus on the work of the many volunteers and client helpers who give up their time to help. They are literally the "life blood" of the Day Centre and without their valuable support we would simply not be able to deliver the services to our clients.

They are dedicated, committed and bring an added dimension to the work of St Theresa's. They come because they care and their presence alone reminds us of the importance of our work.

Volunteers are given a variety of jobs to do including the serving of hot drinks and sandwiches, running the Thrift shop, which is stocked with donated items of clothing and bric-a-brac, driving our trusty van to collect donations, befriending clients and generally helping in the office. We also try to tap into their skills, which can help with the development and running of services and activities within the Centre.

Each and every volunteer is valued greatly but I must mention a few people by name who have contributed so much over the years

- Eric and Dorothy Daly were one of my earliest recruits and have been with us since the year 2000. Eric drives the Charity's van each Tuesday and Friday whilst Dorothy runs the Thrift shop one day a week.
- George and Cath Bennett initially came to represent the British Legion but have now become regular volunteers. Both give generously of their time in the Servedy and George particularly has become a "handyman" around the office and at the Charity Shop and flat in Park Road.
- Ann Jones helps on a Wednesday and has adopted St Theresa's as her Charity. She helps in the Servedy but most importantly acts as a Practice Teacher to the student social workers that undertake their work placements at the Centre.
- Elaine and John Blackburn have helped in the Centre since 2007 and do such wonderful work in the Servedy every Thursday.

Our grateful thanks go to the above-mentioned volunteers and to everyone one else who has contributed to the work of the Charity during the last year.

Day Centre Staff

I would again like to take this opportunity to thank all the staff who have worked so tirelessly throughout the year. They come to work with a smile on their faces and display a commitment and dedication to the work of the Charity, which is second to none.

Donations

Without doubt, the Day Centre has benefited from some extremely generous non-monetary donations during the year: -

- Nene Organics have very generously continued to donate food items every week including milk and vegetables, which are heavily used in our kitchen.

- Abbey in Whittlesey have supplied bags of potatoes continuously throughout the year.
- ASDA and John Lewis are friends of the Charity and have donated various items.
- Many local schools and churches continue to support the Charity by donating their harvest festival collections and allowing us to promote the work of St Theresa's through talks and displays.

A massive "thank you" to all those organisations mentioned above and to everyone who may have donated money, food, drink, clothes, furniture and other items to the Centre. It is also really pleasing to note that monetary donations and Gift Aid payments exceeded the levels of the previous financial year.

The staff, in particular are so pleased to have seen this continuing level of support from the people of Peterborough, which makes our work so much more rewarding and worthwhile.

Our Services

At the end of August 2008 the Day Centre underwent a restructuring which involved a reduction in opening hours to 6 hours each day. As a result the drop-in now opens from 9.30am until 1.30pm after which we run a series of structured activities for the benefit of our clients until 3.30pm. This change in hours has slightly impacted on the number of clients visiting the Centre where the average is now just under 90 people each day with numbers increasing substantially during the severe winter months. Our kitchen however, remains very busy, under the guiding hand of our chef, Diane Cadman. Over the year it served 6,414 dinners, 3,594 breakfasts and handed out 325 emergency food parcels.

Almost a third of new clients registered at the Day Centre over the year were migrant workers, with a high proportion coming from Eastern Europe. We do not have access to expensive interpreting services so we enlisted the valuable support of some volunteer interpreters who helped in communicating with our foreign clients. We help where we can and refer on to other agencies, such as New Link, Red Cross or the Salvation Army where appropriate.

Many clients are in need of support when trying to deal with their underlying emotional traumas. It is easy for us to provide basic food, drink or clothing but it is less easy to deal with these issues without invading their privacy. We believe they should have an opportunity to look at their lives in a stress free environment without coercion of any kind.

Throughout the year our Holistic Therapist delivered relaxation therapies including Indian Head massage, reflexology, Reiki and yoga in addition to the counselling of individual clients. Unfortunately, Anne Spiers, our Therapist was made redundant at the end of March 2009 so we wish her well in the future and thank her for all her valuable work over the years.

The Big Lottery funded Healthy Lifestyles programme remains very successful with Gill Cooper in the Co-ordinators role. She organises a programme of healthy activities including swimming, football, badminton, allotment project, exercising at a local gym, walking for health, smoking cessation, healthy eating & cookery classes and health promotional workshops.

We offer many other services, which are basic necessities to our clients. In addition to hot food we run a second-hand thrift shop, laundry, showers, hygiene and medical facilities. We also offer housing and benefits advice through our intrepid Housing & Welfare worker, Clare Daniels.

Clients enjoyed 2 visits to Ferry Meadows over the summer where staff and volunteers served up a BBQ feast and organised various games and activities.

Big Issue Magazine

Our homeless clients continue to benefit greatly from being able to sell the Big Issue magazine in Peterborough. We serve as the distribution centre for this magazine, which remains a very useful source of income for our vendors. Diane Bentley co-ordinates the Big Issue activities on behalf of St Theresa's as part of her new duties as Assistant to the Centre Manager. This involves liaising with the City Council, PCSO's, Police, retailers, vendors and Big Issue regional management to ensure that the magazine is sold effectively and without problem.

Partnership Approach

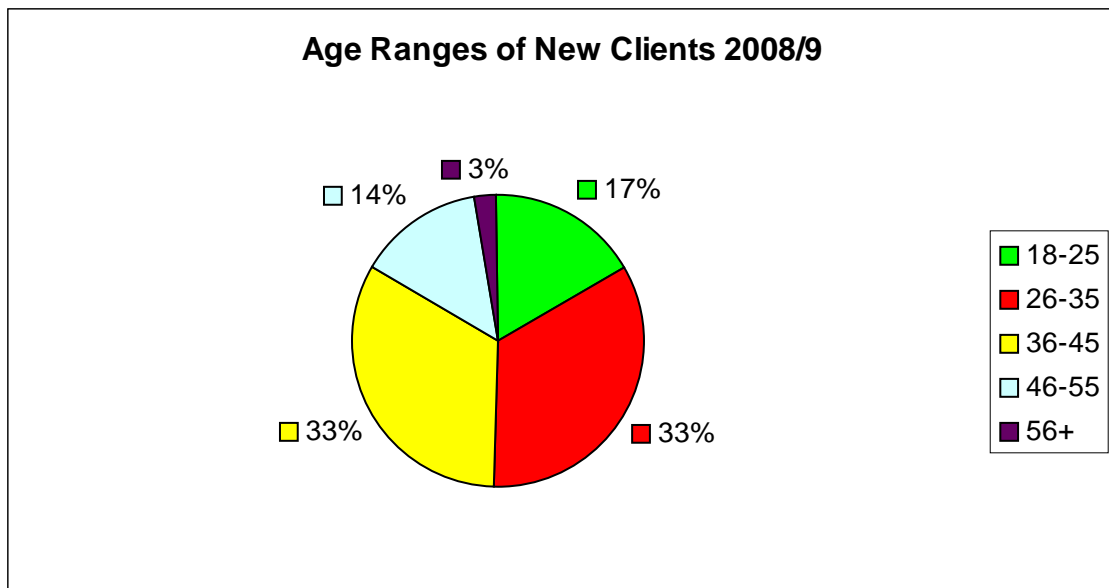
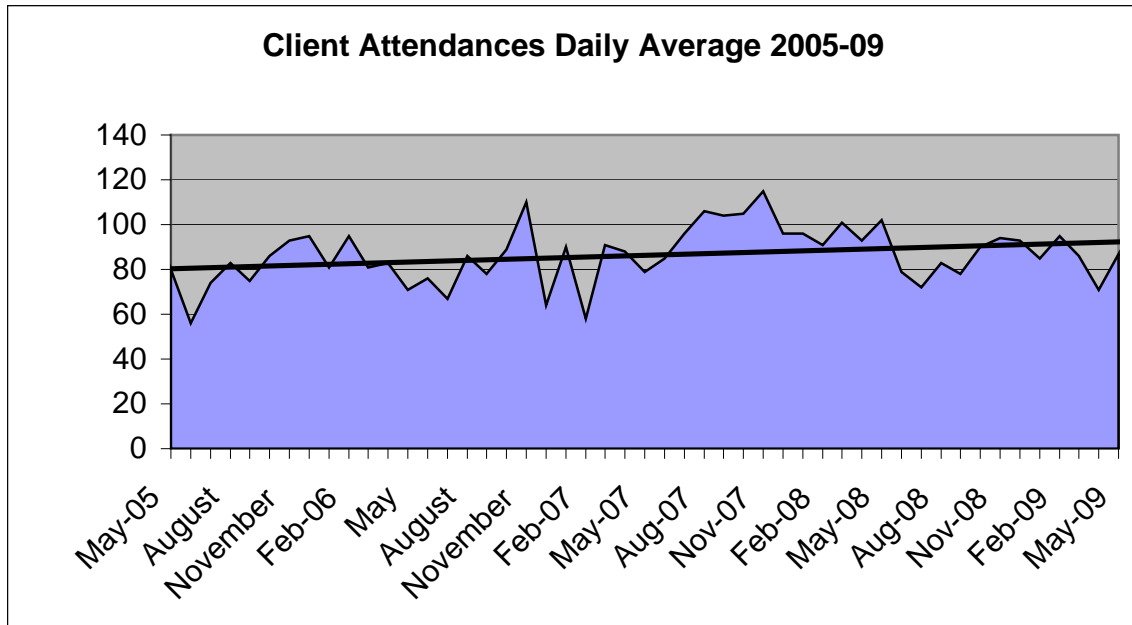
Although we cannot hope to help our clients solve all their problems we can encourage them to improve the quality of their lives and offer them a vision of an alternative lifestyle.

The work we do with our partner agencies – Drinksense, the New Haven, Peterborough Nene Drug Intervention Programme, Peterborough Drug Services, St John Ambulance, Timestop, YMCA, British Legion, Connexions, Peterborough Soup Kitchen, Project Hosanna, Mental Health, Church on the Rock, Housing Options Team has improved our lines of communication so clients can be referred for quick and effective help.

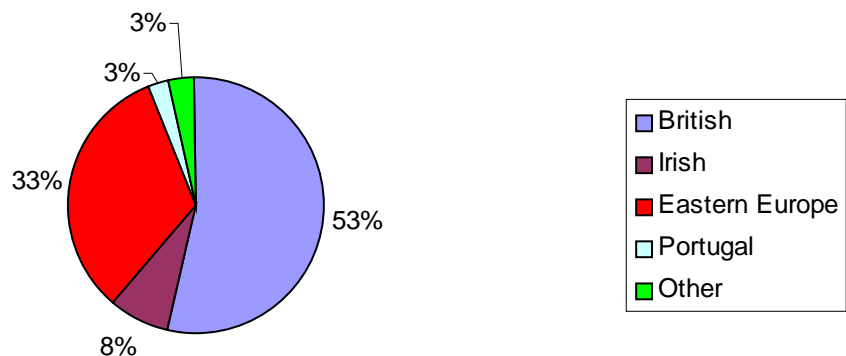
With the help of all those people and agencies mentioned within this report the Day Centre can continue to provide a safe and secure environment where our clients can find help, support and friendship. We must never let ourselves forget that the majority of clients are just ordinary people who have fallen on tough times and who need help in moving on to a sustainable and healthier lifestyle.

Doug Styles
Centre Manager
Tel: 01733 893762
Email: theresas133@aol.com

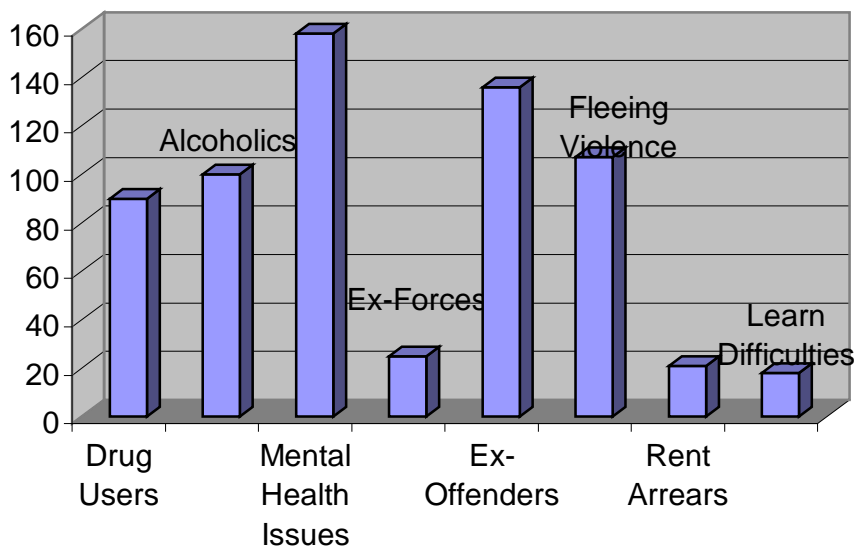
Day Centre Data



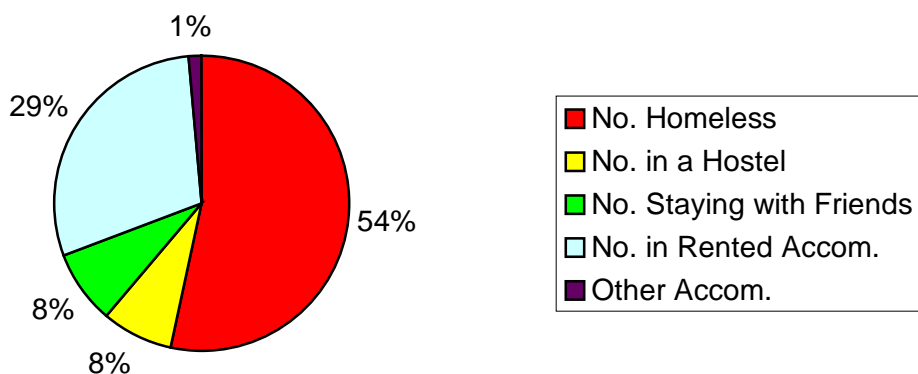
Ethnic Breakdown of New Clients 2008-9



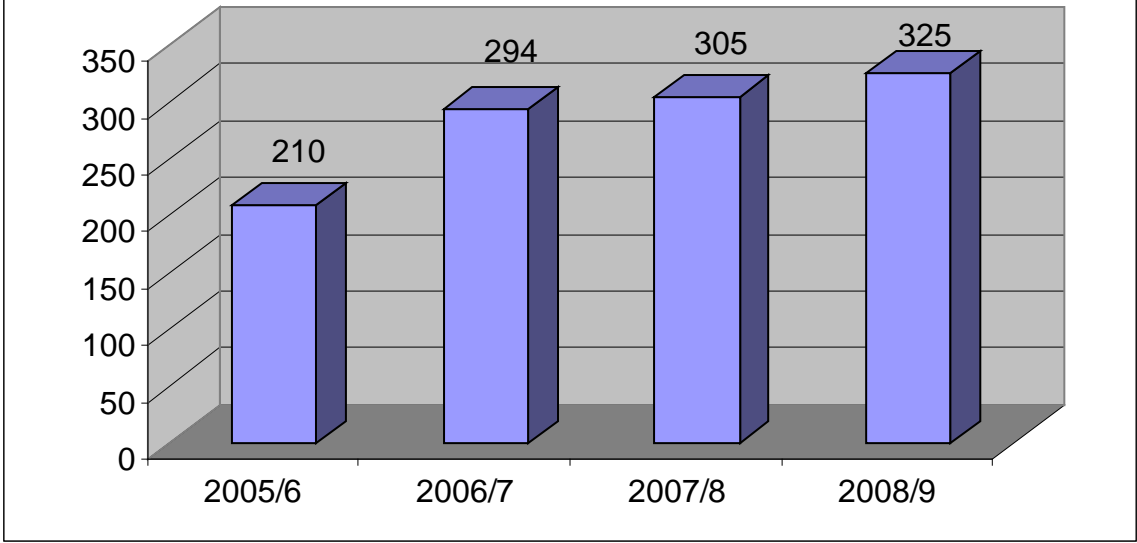
Categories of New Clients April 08 - March 09



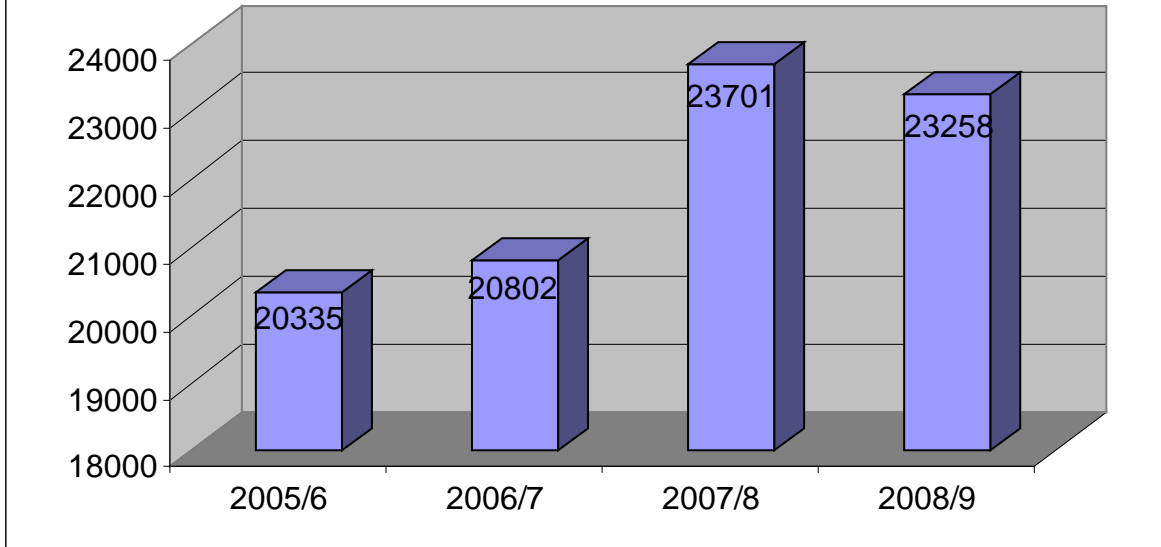
ACCOMMODATION STATUS OF NEW CLIENTS 2008/9



Food Parcels 2005-9



Individual Client Visits



HOMELESS

I dream about my childhood those carefree golden days,
When I'm looking at the sunshine through a grey polluted haze,
And watching people struggle through a cruel financial maze,
The losers sleeping rough in city parks and alleyways,
I drift along those city streets and sleep within its slums,
Hoping for a friend to call but no one ever comes,
I feel a sense of hopelessness and sometimes I despair,
But there has to be a better life, another world somewhere.
They tell me I should get a job if I'm in such a mess,
But I can't get a job because I don't have an address,
And I can't find a room without a few bob in my bin,
So what am I to do? Please tell me, where do I begin?
If only I could find someone who needs a helping hand,
Give me half a chance to make the life that I had planned,
A taste of independence dispelling all my fears,
After all there's nothing gained in rolling back the years.
I have to face the future and forget about the past,
Nothing good in this old world was ever meant to last,
Try to face the prospects of those lonely nights ahead,
And winter coming on without a roof above my head.

Terry Herbert

THE BIG ISSUE

He stands on the street each day shouting out “Big Issue!”
Some people buy from him
Others just pass by.

Dressed in clothes that are dirty and unwashed
Shivering from the cold and wet
Nowhere to sleep at night only a park bench or shop doorway
Winter is on its way with nowhere for the homeless to stay.

Each day he goes to St Theresa’s centre
For a warm meal and to sit
Just to keep warm for a while
Then out back to the street
A pair of old trainers on his feet.
To see if he can sell more of the Big Issue.

Others think they shouldn’t get any help
But this should not be said
You see, deep down, the people on the street
Are human just like you and me and they should get respect.

So when you hear someone shout out “Big Issue!”
Buy one if you can and help your fellow man.

As you walk by and hear him cry “Big Issue”

Autumn Taylor

Structured Activities Programme

My name is Denise Lewis and I was appointed into post by the Board of Trustees for St Theresa's in May 2009. My role is to lead and supervise a small team in the planning and development, delivery and evaluation of client based interventions and services.

Giving homeless people something purposeful to do and meaningful occupation was recognised as effective in "Coming in from the Cold", the Social Exclusion Unit's 1999 Rough Sleeper Strategy, and was one of its key proposals for change.

The paper set out three main aims:

1. Build self-esteem
2. Develop skills
3. Reconnecting people into social networks -away from the streets and preventing boredom that may lead people to turn back to the streets, alcohol or drugs.

Meaningful activity or occupation is often the precursor to change in a person's life; leading to new skills, confidence and sense of purpose. Meaningful activity can be described as any form of activity that is purposeful. It can be used to help an individual reconnect with their social networks and can help prevent relapse, isolation and boredom. The best day centres have meaningful activities at the core of their service delivery and this is what we are aiming for St Theresa's client base.

At St Theresa's it can be difficult to engage service users' interest in accessing the activities, therefore I compiled a questionnaire for the clients to complete by asking them what their interests and skills are. Working in partnership with the client base was integral in developing meaningful activities and service user involvement was key in the process of developing current activities and the delivery of future ones.

The following 5 outcomes explain the qualitative analysis of the completed questionnaires:-

Outcome 1: Improved access to health and specialist support services

Outcome 2: Improve confidence and self esteem and improve engagement with service providers

Outcome 3: Increased access to training and employment

Outcome 4: Increased access to training and employment for homeless people

Outcome 5: Actively promote equality for disadvantaged groups through the service delivery, marketing, evaluation and management of the proposed service

Positive Activities Programme 2009-2010

We offer a basic needs service and facilities such as provision of healthy food options, access to showers, laundry, and clothing.

The Positive Activities Programme also includes additional services through partnership working with services such as, The National Health Service, Reed in Partnership and Job Centre.

We offer: - In house drop in services and referral, plus arrange access to a range of supported services such as: -

- Physical health services (through our in-house Healthy Living Coordinator)
- Alcohol and drug dependency services
- Training, employment and volunteering services
- Mental health services
- Counselling services
- Education services
- Structured activity to build confidence
- Skills development including independent living skills
- Activities to reduce social exclusion
- A reward scheme for all involved in activities
- Housing welfare advice
- Advocacy services
- New Link translation Service
- Engagement of service users in delivery

Since being in post the current client throughput for engagement with the positive activities programme ranges from 56 clients a week, to the current figure of 85.

The activities being offered are not a goal in themselves but are used as a tool for engaging service users to address their wider needs. We acknowledge that it is quite reasonable that these activities may outlive their usefulness for individuals or that individuals may outgrow them. Therefore we are continuously reviewing our delivery processes and what is effective insofar as client engagement.

We are piloting an in-house, 12-week exercise course with set outcomes and evaluation feed back, starting in December 2009.

At the heart of delivering this programme, there is a dedicated team, good working practice, and regular reviews of activities against the aims of St Theresa's Day Service and against service users needs.

Denise Lewis
Client Services Manager

St Theresa's House Peterborough
Registered No. 2642712

Registered Office
13-15 Manor House Street
Peterborough
PE1 2TL

Report and Accounts
for the year ended
31st March 2009

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St Theresa's House Peterborough
Report of the directors
for the year ended 31st March 2009

The directors present their annual report and accounts for the year ended 31st March 2009.

1 Activities

The main activity of the company continues to be that of the support of homeless and disadvantaged people.

2 Directors

The directors who served the company during the year were as follows:

Ms S Watters	- Chairperson
Mr S Munson	- Secretary

3 Committee members

The serving committee members are as follows:

Mr E Cassidy	Ms C McGuire	Mr I Wilson
Mr D Forrest	Mrs S Mitchell	Ms J Wilson
Mr S Giblin	Mrs D Murray	
Insp D Human (adviser)	Mr B Rainey	
Mr T Lee	Mr D Styles	

4 Small company exemption

This report has been prepared in accordance with the special provision of Part VII of the Companies Act 1985 relating to small companies.

By order of the board

S Munson Esq
Secretary

14th September 2009

St Theresa's House Peterborough
Revenue Account
for the year ended 31st March 2009

		2009	2008
	£	£	£
<i>Note</i>			
<i>INCOME</i>			
Donations, covenants and grants		174,652	228,530
Shop, centre and meal income		41,951	41,794
Rent		3,791	3,904
		<u>220,394</u>	<u>274,228</u>
 <i>EXPENDITURE</i>			
Staff costs	139,259		177,916
Premises	55,520		70,475
Services	15,485		13,483
Administration	6,073		9,278
Capital projects	<u>60</u>		<u>5,299</u>
		216,397	276,451
		<u>3,997</u>	<u>(2,223)</u>
2 Bank interest received		4,547	7,232
Surplus for the year on ordinary activities		<u>8,544</u>	<u>5,009</u>
Accumulated surpluses brought forward		121,039	116,030
Accumulated surpluses carried forward		<u>£ 129,583</u>	<u>£ 121,039</u>
		=====	=====
Restricted Funds		£ 13,479	£ 6,202
Un-restricted Funds		£ 116,104	£ 114,837

There were no recognised gains or losses for the above years other than those included above.

The notes on page 5 form part of these accounts

St Theresa's House Peterborough
Balance Sheet as at 31st March 2009

		2009	2008
	Notes	£	£
CURRENT ASSETS			
Cash at bank		131,446	144,870
Cash in hand		<u>219</u>	<u>602</u>
		131,665	145,472
CREDITORS - amounts falling due			
within one year	2	<u>(2,082)</u>	<u>(24,433)</u>
NET CURRENT ASSETS		129,583	121,039
TOTAL ASSETS LESS			
 CURRENT LIABILITIES		£ 129,583	£ 121,039
		=====	=====
CAPITAL AND RESERVES			
Accumulated Fund		35,250	26,481
Big Lottery Fund (Restricted)		5,979	6,202
Lloyds TSB Foundation for England & Wales (Restricted)		7,500	-
Family Centre		-	4,447
Park Road Charity Shop		1,579	1,909
Contingency Fund		79,275	82,000
		£ 129,583	£ 121,039
		=====	=====

The directors are satisfied that the company is entitled to exemption from the provisions of the Companies Act 1985 (the Act) relating to the audit of accounts for the year by virtue of section 249A(1), and that no member or members have requested an audit pursuant to section 249B(2) of the Act.

The directors acknowledge their responsibilities for:

- (i) ensuring that the company keeps proper accounting records which comply with section 221 of the Act, and
- (ii) preparing accounts which give a true and fair view of the state of affairs of the company and of its deficit for the financial period in accordance with the requirements of section 226, and which otherwise comply with the requirements of the Act relating to accounts, so far as applicable to the company.

These accounts have been prepared in accordance with the special provision of Part VII of the Act relating to small companies.

These accounts were approved by the board on 14th September 2009

Signed on behalf of the board

Director

St Theresa's House Peterborough
Notes to the accounts
for the year ended 31st March 2009

1 Principal accounting policies

A summary of the more important accounting policies is set out below:

(a) Accounting convention

The accounts are prepared under the historical cost convention.

(b) Income

Income represents amounts receivable by the Company in respect of donations, grants etc in the period stated. All these activities are continuing,

2	Interest received	2009	2008
		£	£
	Bank deposit interest	£ 4,547	£ 7,232
		=====	=====

3 Taxation

As a registered charity the company is not liable to Corporation Tax

4	Creditors (amounts falling due within one year)	2009	2008
		£	£
	Trade creditors and accruals	2,082	24,433
		-----	-----
		£ 2,082	£ 24,433
		=====	=====

5 Share capital

The Company is limited by guarantee under the Companies Act, 1985 and does not have a share capital.

St Theresa's House Peterborough

Accountant's report on the accounts to the directors of St Theresa's House Peterborough

As stated on the balance sheet on page 4, you are responsible for the preparation of the accounts for the year ended 31st March 2009 set out on pages 3 to 5 and you consider that the company is exempt from an audit under section 249A(2) of the Companies Act 1985. In accordance with your instructions, I have compiled these accounts in order to assist you to fulfil your statutory responsibilities.

My work was conducted in accordance with United Kingdom Auditing Standards and included examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. I planned and performed my work so as to obtain all the information and explanations which I considered necessary in order to provide me with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error.

In my opinion the financial statements give a true and fair view of the state of affairs of St Theresa's House Peterborough as at 31st March 2009 and of its income and expenditure for the year then ended and have been properly in accordance with the Companies Act 1985.

Stephen D G Parr
Fellow of the Society of Practising Accountants
59 Garton End Road
Peterborough
PE1 4EW

14th September 2009

**St Theresa's House Peterborough
Accumulated Fund
Income and Expenditure Account
for the year ended 31st March 2009**

	2009 £	2008 £
Income		
Donations, fundraising, covenants, grants etc	174,298	178,238
Centre Income	9,884	11,484
Investment Income	4,547	7,232
	188,729	196,954
	=====	=====
Expenditure		
Rent and rates	29,767	35,638
Equipment	-	4,684
Repairs, maintenance and cleaning	4,660	7,712
Insurance	2,778	2,850
Staff costs	120,540	128,954
Light and heat	4,571	7,063
Motor and travelling expenses	1,528	2,351
Telephone costs	2,987	3,059
Printing, stationery and advertising	2,360	2,379
Miscellaneous	212	1,466
Food etc	13,280	9,381
	182,683	205,537
	=====	=====
Surplus/(Deficit) for the year	6,046	(8,583)
Balance brought forward at 1st April 2008	32,683	31,266
	38,729	22,683
Transfer from Park Road Charity Shop Fund	10,000	10,000
	48,729	32,683
Balance carried forward at 31st March 2009		
Unrestricted Funds	35,250	26,481
Restricted Funds -Big Lottery Fund	5,979	6,202
Restricted Funds -Lloyds TSB Foundation for England & Wales	7,500	-
	£ 48,729	£ 32,683
	=====	=====

St Theresa's House Peterborough
Miscellaneous Funds for the year ended 31st March 2009
Family Centre Fund

	2009	2008
	£	£
Balance brought forward 1 st April 2008	4,447	1,001
Income	2,023	50,292
	6,470	51,293
Expenditure	(9,195)	(46,846)
Transfer from Contingency Fund	2,725	-
	£ -	£ 4,447
	=====	=====

Park Road Charity Shop Fund

	2009	2008
	£	£
Balance brought forward 1 st April 2008	1,909	1,763
Income	34,189	34,214
	36,098	35,977
Expenditure	(24,519)	(24,068)
Transfer to Accumulated Fund	(10,000)	(10,000)
	£ 1,579	£ 1,909
	=====	=====

Contingency Fund

	2009	2008
	£	£
Balance brought forward 1 st April 2008	82,000	82,000
Transfer to Family Centre Fund	(2,725)	-
	£ 79,275	£ 82,000
	=====	=====

Big Lottery Fund

	2009	2008
	£	£
Balance brought forward 1 st April 2008	6,202	-
Income ex accumulated fund	29,643	30,029
Expenditure ex accumulated fund	(29,866)	(23,827)
	£ 5,979	£ 6,202
	=====	=====

Lloyds TSB Foundation for England & Wales

	2009	2008
	£	£
Income ex accumulated fund	15,000	-
Expenditure ex accumulated fund	(7,500)	-
Balance carried forward 31 st March 2009	£ <u>7,500</u> =====	<u>-</u> =====

St Theresa's House Peterborough
Notes to the accounts for the year ended 31st March 2009
ACCUMULATED FUND

	2009	2008
INCOME	£	£
Statutory Bodies		
Primary Care Trust	34,852	35,030
Big Lottery Funding	29,643	30,029
ACE Funding	20,342	12,875
Lloyds Foundation	15,000	-
Cross Keys Supporting People Contract	-	15,600
Nene DIP re General Grant	-	9,995
	<u>£ 99,837</u>	<u>£ 103,529</u>
	=====	=====
Charitable Trusts (Revenue Grants)		
The Dion Fund	30,476	30,495
The Ebyon Trust	-	125
Other Charitable Trusts	-	7,580
	<u>£ 30,476</u>	<u>£ 38,200</u>
	=====	=====
Local Fundraising		
Fundraising	5,141	3,638
Donations	25,734	21,374
The Big Issue	4,800	5,600
Gift Aid	2,710	2,411
APU Placement	5,600	3,486
	<u>£ 43,985</u>	<u>£ 36,509</u>
	=====	=====
Centre Income		
Dinners, drinks, snacks etc	6,606	7,481
Shop, laundry etc	2,898	3,444
Other	380	559
	<u>£ 9,884</u>	<u>£ 11,484</u>
	=====	=====
Bank interest	£ 4,547	£ 7,232
	<u>£ 188,729</u>	<u>£ 196,954</u>
	=====	=====
TOTAL INCOME	£ 188,729	£ 196,954

St Theresa's House Peterborough
Notes to the accounts (continued) for the year ended 31st March 2009

ACCUMULATED FUND		
	2009	2008
EXPENDITURE	£	£
Staff Costs		
Salaries	116,485	123,090
Expenses, training etc	1,268	3,248
Volunteers - Expenses, training etc	2,787	2,616
	<u>£ 120,540</u>	<u>£ 128,954</u>
	=====	=====
Premises		
Rent	28,416	34,076
Water rates	1,351	1,562
Heat and light	4,571	7,063
Cleaning	1,577	2,728
Insurance	2,778	2,850
Repairs, security and maintenance	3,083	4,984
	<u>£ 41,776</u>	<u>£ 53,263</u>
	=====	=====
Services		
Vehicle expenses	1,528	2,351
Food, Healthy Lifestyle Project etc	13,280	9,381
	<u>£ 14,808</u>	<u>£ 11,732</u>
	=====	=====
Administration		
Telephone	2,987	3,059
Postage, copier and stationery	2,266	2,178
Advertising and publications	94	201
Sundries	212	1,466
	<u>£ 5,559</u>	<u>£ 6,904</u>
	=====	=====
Capital projects		
Office/ computer equipment and new smoking area	-	4,684
	<u>£ -</u>	<u>£ 4,684</u>
	=====	=====
TOTAL EXPENDITURE	£ 182,683	£ 205,537
	=====	=====
SURPLUS/(DEFICIT) FOR THE YEAR	£ 6,046	£ (8,583)
	=====	=====

St Theresa's House Peterborough
Notes to the accounts (continued) for the year ended 31st March 2009

FAMILY CENTRE

	2009	2008
INCOME	£	£
Surestart Funding	-	20,000
Greater Dogsthorpe Partnership	-	25,000
Charitable Trusts and Donations	354	802
Drinks and Dinners/Thrift Shop and Crafts	1,669	4,490
	<u>£ 2,023</u>	<u>£ 50,292</u>
	=====	=====
EXPENDITURE		
Staff Costs		
Salaries	6,823	37,664
Volunteers	399	91
	<u>£ 7,222</u>	<u>£ 37,755</u>
	=====	=====
Premises		
Rent	-	3,000
Heat and light	754	672
Repairs and maintenance	100	546
Cleaning	24	245
	<u>£ 878</u>	<u>£ 4,463</u>
	=====	=====
Services		
Food	677	1,751
	<u>£ 677</u>	<u>£ 1,751</u>
	=====	=====
Administration		
Telephone	87	740
Postage, stationery, photocopier, advertising and publications	13	432
Sundries	258	1,090
	<u>£ 358</u>	<u>£ 2,262</u>
	=====	=====
Capital projects		
Furniture and equipment	£ 60	£ 615
	=====	=====
TOTAL EXPENDITURE	<u>£ 9,195</u>	<u>£ 46,846</u>
	=====	=====
(DEFICIT)/SURPLUS FOR THE YEAR	<u>£ (7,172)</u>	<u>£ 3,446</u>
	=====	=====

St Theresa's House Peterborough
Notes to the accounts (continued) for the year ended 31st March 2009

PARK ROAD CHARITY SHOP

	2009	2008
	£	£
INCOME		
Daily Takings	30,398	30,310
Flat Rent	3,791	3,904
	£ 34,189	£ 34,214
	=====	=====
 EXPENDITURE		
Staff costs		
Salaries	£ 11,497	£11,207
	=====	=====
Premises		
Rent, rates and insurance	11,646	11,255
Light, heat and water rates	815	761
Repairs and maintenance	405	733
	£ 12,866	£ 12,749
	=====	=====
Administration		
Stationery and sundries	156	112
	£ 156	£ 112
	=====	=====
TOTAL EXPENDITURE	£ 24,519	£ 24,068
	=====	=====
 SURPLUS FOR THE YEAR	£ 9,670	£ 10,146
	=====	=====